



SUPPORT FOR FAMILIES OF CHILDREN WITH DISABILITIES

A support and resource organization providing services for families of children with disabilities.

2601 Mission Street Suite 606 • San Francisco, CA 94110 • (415) 282-7494 • fax (415) 282-1226 • www.supportforfamilies.org • info@supportforfamilies.org

Trainings available from Support for Families of Children with Disabilities (SFCD)

Training No.	Training Name	Audience	Purpose	Objectives
1	Assistive Technology (AT) Trainings	Students, families, professionals	Provide students, families and professionals with an introduction of the range of possible assistive technology options available.	<ul style="list-style-type: none"> Participants will be introduced to various assistive technology options. Participants will have an opportunity to participate in using AT. Participants will gain an understanding of how AT options can be utilized to enhance classroom success.
2	Early Intervention	Families, professionals This training is specifically for families of children ages 0-3.	Introduce families and professionals to early intervention by reviewing information, resources and strategies to assist families in organizing information about their child.	<ul style="list-style-type: none"> Participants will gain an understanding of resources in the community that are specific to early intervention. Participants will learn strategies to document and communicate to better achieve effective outcomes. Participants will learn a strategy to organize information about their child.
3	Family Voices Leadership Guide	Families	Provide families with an introduction to advocacy for children with special health care needs.	<ul style="list-style-type: none"> Participants will gain an understanding of individual advocacy. Participants will be prepared for systems advocacy. Participants will be provided with information and resources regarding advocacy for children with special health care needs.
4	Get Organized	Families This training is not limited to families of children with special health care needs (CSHCN).	Provide families with information and resources as well as strategies to assist them in organizing information about their child.	<ul style="list-style-type: none"> Participants will gain an understanding of generic as well as specific resources in the community Participants will learn strategies to document and communicate to better achieve effective outcomes. Participants will learn a strategy to organize information about their child
5	Health Care Connections	Families, professionals	Provides an overview of family-centered care and information about health care for CSHCN.	<ul style="list-style-type: none"> Participants will be introduced to core values for providing health care to CSHCN. Participants will gain an understanding of various health care services for CSHCN. Participants will be introduced to tools for choosing

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				<p>a health care plan, working with providers and advocating in health care systems.</p> <ul style="list-style-type: none"> Participants will be provided with resources and information regarding health care for CSHCN.
6	Individualized Education Program (IEP)	Families, professionals	Provide families and professionals with an overview of the Individuals with Disabilities Education Act (IDEA) and how to participate in the development of an IEP.	<ul style="list-style-type: none"> Participants will gain an understanding of the principles of IDEA. Participants will gain an understanding of the IEP process. Participants will be provided with resources and information relating to IDEA and the IEP process.
7	Individualized Family Service Plan (IFSP)	Families, professionals	To provide families and professionals with an opportunity to learn about the IFSP process and how to participate in the development of an IFSP for children ages birth to three.	<ul style="list-style-type: none"> Participants will gain an understanding of the IFSP process under IDEA, Part C. Participants will gain an understanding of each of the components of the written IFSP. Participants will be provided with resources and information to help them plan for, and participate in, an IFSP meeting that meets the unique needs of the child and family.
8	Learning Disabilities Simulation	Families, professionals	Through hands-on activities, provide families and professionals with an opportunity to experience learning disabilities first hand.	<ul style="list-style-type: none"> Participants will gain an understanding of what it feels like to have learning disabilities. Participants gain an understanding of different types of learning disabilities. Participants will be provided with resources and information about learning disabilities.
10	Natural Supports	Professionals	To provide professionals with an overview of experiences and perspectives of families of children with disabilities/special health care needs.	<ul style="list-style-type: none"> Participants will gain an understanding of family challenges. Participants will learn communication techniques.
11	Overview of Laws	Families, professionals	Provide families and professionals with an overview of the laws that govern the delivery of services to children with disabilities/special health care needs.	<ul style="list-style-type: none"> Participants will gain an understanding of the laws that govern the delivery of services to children with disabilities/special health care needs. Participants will gain an understanding of what services exist and which agencies provide them.

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				<ul style="list-style-type: none">Participants will be provided with resources and information regarding IDEA, Lanterman Act, ADA, AB3632, Hughes Bill, Section 504, Title V, SSI, Medi-Cal, IHSS, etc.
12	Right Question Technique	Families, professionals	Provide families with an introduction to advocacy, using the Question Formulation Technique. Provide professionals with strategies to assist families in better advocating on behalf of their child/ren.	<ul style="list-style-type: none">Participants will examine three roles they can play in the health care/education/support systems of their children.Participants will learn how to organize information and formulate questions so they can effectively advocate on behalf of their children.Participants will have an opportunity to develop an action plan.
13	SFCD Self-Advocacy	Families, professionals	Provide families with strategies to better advocate on behalf of their child/ren. Provide professionals with strategies to assist families in better advocating on behalf of their child/ren.	<ul style="list-style-type: none">Participants will learn tools and techniques in preparing, documenting, and communicating for effective outcomes.Participants will be provided with resources and information relating to self-advocacy.
14	Transition to Adult Life	Students, families, professionals For families of children ages 14-22 (could be as young as 12)	To provide students, families and professionals with an overview of IDEA and how to participate in the development of an Individual Transition Plan ("ITP").	<ul style="list-style-type: none">Participants will gain an understanding of transition services under IDEA.Participants will gain an understanding of the ITP process for those students interested in moving to community supports and/or post-secondary educationParticipants will be provided with resources and information relating to transition from school to community living and/or post-secondary education.

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