

# Recreational Programs for Kids with Exceptional Needs

This may not be an exhaustive list. We welcome your input for any additional programs.

### **AcroSports**

AcroSports' mission is to teach and develop the physical, performing and circus arts. We commit ourselves to serving our community in a safe, positive environment, offering activities that encourage teamwork and build strengths and self-esteem, and enhancing life's experience. Our Special Needs Program has been specifically designed to include children with special needs, and to meet each child's individual requirements. In collaboration with students, parents, caregivers, and other service providers our special needs program is geared toward the empowerment of students. Our goal is to help our students reach their goals while building strength, improving self-esteem, and enhancing their life experience.

www.acrosports.org

(415) 665-2276

### **Axis Dance Company**

AXIS Dance Company creates, performs, and teaches "physically integrated dance"— a contemporary dance form that evolves from the collaboration between dancers with and without disabilities. The Dance Access for Adults and Dance Access/KIDS! programs provide dance classes for adults, youth, and educators of all abilities and socioeconomic backgrounds.

www.axisdance.org

(510) 625-0110

### Bay Area Association of Disabled Sailors (BAADS)

The Bay Area Association of Disabled Sailors (BAADS) seeks to make all aspects of sailing accessible. To fulfill this mission, we offer dinghy sailing every Saturday and keelboat sailing every Sunday out of South Beach Marina, adjacent to AT&T Park.

www.baads.org

(415) 281-0212

### Bay Area Outreach & Recreation Program (BORP)

Bay Area Outreach & Recreation Program (BORP) works to improve the health, independence and social integration of people with physical disabilities through sports, fitness and recreation programs.

www.borp.org

(510) 849-4663

### Boys & Girls Clubs of San Francisco

Boys & Girls Clubs of San Francisco inspires and enables all young people, especially those from disadvantaged circumstances, to realize their full potential as productive, responsible, and caring citizens.

www.kidsclub.org

(415) 445-5437

### Camp Bloom

Camp Bloom is a weekend family camp for families with a child who is deaf. The long wait is over! DCARA is thrilled to announce that we will be hosting our very first Family Camp for families with age 0-5 Deaf\* children (siblings are welcome!) at a gorgeous campground in Livermore and we are calling it, CAMP BLOOM! It will be held on August 9-11, 2019.

### www.campbloom.org

(510) 343-9451

### **Camp Edmo**

Camp Edmo is a pre-K—entering 4th grade summer camp in the San Francisco Bay Area featuring hands-on Arts & Science, Animation and Recreation activities designed by the Exploratorium, California Academy of Science, Museum of Children's Art and Zeum. At summer camp, kids are encouraged to explore, create and be kind to each other through special themed weeks, team-building games, life skill challenges and exceptional role model staff. With locations in San Francisco, Oakland, Cupertino, Palo Alto, Alameda, Moraga, and Larkspur, and each with its own Camp Director, kids and parents can enjoy getting to know their community in a relaxed but stimulating learning environment. Our instructors are trained summer enrichment program counselors, working with some of the best kids' museums in Northern California to offer diverse programs. Artists, dreamers and kids of all types will love their summer at Camp Edmo, where we explore art, science and history through cooking, experiments, costumes, outdoor exploration and more! Budding scientists will love Camp EdTech, our science and technology summer camp, where kids explore the science and creativity in photography, film, graphic design, and animation.

### www.campedmo.org

(415) 282-6673

### Camp Fire USA

Camp Fire helps youth dig deep inside and discover their sparks

### www.campfire.org

(816) 285-2010

### Camp Pacifica

The mission of California Lions Camp is to provide special needs children of California and Nevada a safe haven to experience at what many individuals take for granted. Camp Pacifica is a summer program for deaf & hard of hearing children and their siblings. Camp Sessions are open to boys and girls ages 7-15 and usually occur in July & August. A Camper in Leadership Training (CILT) program is available for those over 16 years of age.

### www.camppacifica.org

(559) 683-4660

### **Camp Wamp**

Camp Wamp is a residential, summer camp in northern California for persons living with physical disabilities. We offer one-week sessions each summer for varying age groups. Our mission is to provide life-changing experiences to children with physical disabilities.

### www.campwamp.org

(800) 381-6891, ext. 1

### Camping Unlimited (Camp Krem)

Camping Unlimited is a non-profit organization providing children and adults with developmental disabilities a full program of recreation, education, fun and adventure. Programs include summer camps and year-round activities.

### www.campingunlimited.org

(510) 222-6662

### Christian Berets Special Needs Camps And Programs

Special Needs Camps And Programs, Conference and Retreat Center. The camp is in Mi Wuk Village, admin offices are in Modesto. Link to camp sign-ups is https://app.campdoc.com/!/home/auth/login?r=christianberets

#### www.christianberets.org

(209) 524-7993

### Easter Seals Camp Harmon

Camp Harmon is located in Boulder Creek, CA amidst the beautiful redwood forest of the Santa Cruz Mountains. Easter Seals Central California has owned and operated Camp Harmon since 1963. Camp Harmon continues to be a magical place, offering camping opportunities to hundreds of people with disabilities.

### www.campharmon.org

(831) 338-3383

#### **Edventure More**

Edventure More is a year-round non-profit enrichment organization. Since 2004, we have created both Summer Camp (Camp Edmo and Camp EdTech) and School Year Programs in partnership with top Bay Area museums and talented professionals.

### www.edventuremore.org

(415) 282-6673

#### E-Sports

E-Sports includes several Bay Area community service programs: E-Soccer, E-Karate, E-Hoops, E-Fitness, and our newest, E-Dance. Each program specializes in inclusion, which partners kids with typical and special needs alongside each other in various athletic capacities. These programs have pioneered the inclusive sports philosophy and made an impact on families from California to Kenya.

#### www.e-sports.org

(650) 561-7049

#### **Galileo Learning**

Camp Galileo is a place where fear goes on holiday. In its place grows a spirit of exploration and innovation. Every year, we see the experience fire campers' imaginations and literally change their way of relating to learning. Our award-winning curriculum, designed by Stanford grad Pamela Briskman and her team, is the product of thousands of hours of development. Taking inspiration from the innovation process developed at Stanford, we use imaginative themes and whimsical narratives to draw campers into a week full of hands-on art, science and outdoor activities. The themes are adapted to be engaging for three age groups. www.galileo-learning.com

(800) 854-3684

### Jewish Community Center (JCC) of San Francisco

The JCCSF offers a warm pool and community activities year-round, and offers camp during the summer, Thanksgiving holiday, winter holiday season and spring break for kindergartners to middle schoolers. Kids learn new skills, discover new interests, make new friends, create memories and most importantly – have fun! Our Youth Inclusion Program supports children with disabilities to participate in our K – 8 Summer Camp program. Our program offers one-on-one support and individualize support plans, at no additional cost. Children in this program will benefit from individualized support while they try new activities and make friends along the way.

www.jccsf.org (415) 292-1200

### Kids Enjoy Exercise Now (KEEN SF)

KEEN is a national, nonprofit volunteer-led organization that provides one-to-one recreational opportunities for children and young adults with mental and physical disabilities at no cost to their families and caregivers. KEEN's mission is to foster the self-esteem, confidence, skills and talents of its athletes through non-competitive activities, allowing young people facing even the most significant challenges to meet their individual goals. <a href="KEEN Sailing">KEEN Sailing</a>: During two weeks of summer, KEEN SF will partner with Treasure Island Sailing Center (TISC) to provide Athletes with disabilities an opportunity to learn to sail and gain confidence. TISC will provide a Certified Sailing Coach to teach water safety, rigging, how to navigate and steer their vessels. Families must pre-register and be able to commit to the entire week. Preference given to ACTIVE KEEN athletes. Ages: 5-21

www.keensanfrancisco.org

(415) 967-2336

### Okizu Foundation-Summer Programs for Families of Children with Cancer

We offer several specialized summer camps: Oncology Camp: A summer camp for children with cancer usually in July & August. SIBS (Special and Important Brothers and Sisters) Camp: A summer camp for siblings of children with cancer usually in June & July. Family Camp: A summer camp for the child with cancer & his/her immediate family member (mother, father, guardian). Teens n' Twenties (TNT): Weekend recreation/support programs provide an opportunity to strengthen their friendships and give and receive support from their peers.

www.okizu.org 415.382.9083

#### **PALS Programs**

Our mission is to create immersive experiences where individuals with Down syndrome and their peers have fun, grow as individuals, and build transformative friendships. Programs include both summer and year round adventure camps.

www.palsprograms.org

## Pomeroy Recreation and Rehabilitation Center of San Francisco

We offer fun and enriching recreational activities for children and teens with disabilities. Activities include drama, dance, arts & crafts, sports, indoor and outdoor therapeutic recreation activities, swimming, computer lab, community outings, and cooking classes. Our focus is on helping children and teens develop independence, friendships, social skills, life skills and lead healthy, fulfilling lives. Inclusion activities, therapeutic services, volunteer and vocational opportunities are offered to participants who attend.

www.prrcsf.org ctoffice@prrcsf.org (415) 665-4100

### **Project Commotion**

Project Commotion supports children with special needs to develop healthy neurological connections and enable them to organize sensory and physical experiences and develop social, emotional and academic competence. Our target population is primarily underserved youth, ages 15 months - 18 years, with developmental or emotional challenges. Our specific curricula address autism spectrum disorders, sensory processing disorders, ADD/ADHD, learning disabilities and differences, cerebral palsy, and trauma.

### www.projectcommotion.org

(415) 252-8059

### **Quest Therapeutic Camps**

Quest provides a treatment program combining recreational and camp activities, behavior modification, and group therapy for children with mild to moderate social, emotional, or behavioral problems.

### www.questcamps.com

(925) 743-2900

#### Randall Museum

The Randall Museum offers youth and adults opportunities for active involvement and recreation in an integrated program of arts and sciences. Focusing on the cultures and environment of the San Francisco Bay Area, the museum strives to inspire creativity, curiosity, and an appreciation of the world around us. Features art & crafts classes, theater presentations, school field trip programs, live animals, and rotating exhibits.

### www.randallmuseum.org

(415) 554-9600

### San Francisco Baseball Academy (SFBA)

The SFBA offers camps for groups of players aged 6 - 14. To hold a camp, there must be a minimum of 10 players, maximum of 40 players. All camps are 9-3pm with drop off (9 am) and pickup (3 pm) at the SFBA. After care is available until 5 pm daily for an extra \$20/day. You can decide on aftercare on the day you need it.

### www.sfbaseballacademy.com

(415) 742-4890

### San Francisco Recreation & Park Department - Theraputic Recreation and Inclusion services

Therapeutic Recreation and Inclusion Services offers after school programs, teen programs, swimming, organic gardening, outdoor adventure, Inclusion Week at Camp Mather, summer day camps, and special events, and we offer inclusion support for any program RPD offers.

### www.sfrecpark.org/1249/Therapeutic-Recreation

(415) 831-2700

### Treasure Island Adaptive Sailing Program

Treasure Island Sailing Center provides sailing classes and scholarships to youth and adults. Our boats can be easily modified for people with physical or mental disabilities so all people can enjoy the thrill of sailing independently on San Francisco Bay.

### www.tisailing.org

(415) 421-2225

#### Via Services

Via Services is a private, independent non-profit organization dedicated to helping individuals with disabilities and special needs achieve greater self-sufficiency and lead richer lives. We offer two innovative programs: First Step Early Intervention provides developmental assessments of infants and children up to age 8, and also offers a wide array of speech-language and occupational play-based therapy to address developmental delays or disorders and help each child realize their potential. Via West Campus, located on 13 wooded acres in the Santa Cruz Mountains, provides residential respite care with weekend and week-long programs throughout the year. The children, teens, and adults who stay with us enjoy innovative programs and activities that include both learning and outdoor experiences, plus skill-building activities that are specifically designed to improve self-sufficiency.

www.viaservices.org

(408) 243-7861

### YMCA Camp Jones Gulch

Using the vibrant beauty of our own 927-acre property as well as the breadth of dramatic natural areas throughout California, YMCA Camp Jones Gulch ensures that kids of all ages, and families of all configurations, experience the outdoors. Programs include youth summer camps, winter camps, day camps, and family camps.

www.ymcasf.org/campjonesgulch

(650) 747-1200

#### YMCA of San Francisco

The YMCA of San Francisco builds strong kids, strong families and strong communities by enriching the lives of all people in spirit, mind and body. Over 14 locations in San Francisco. Programs include Kids & Teen Programs (licensed childcare, after-school and preschool, aquatics & sports, and more) and family-centered programs (family camp, parent/child programs, social services).

www.ymcasf.org/programs

(415) 777-9622