

Websites, Organizations, and Other Resources - ADHD

ADHD-Specific

ADDitude Magazine

www.additudemag.com

Offers strategies and support for ADHD and LD, including both Adult ADHD and parenting children with ADHD, as well as information and advice from experts and practitioners in mental health and learning.

A.D.D. Warehouse

www.addwarehouse.com

Provides information on books, videos, training programs, games, professional texts and assessment materials for ADD/ADHD.

Centers for Disease Control and Prevention (CDC)

www.cdc.gov/ncbddd/adhd/facts.html

The CDC is the national public health institute of the United States and a federal agency under the Department of Health and Human Services. This specific section has basic information, research articles, data & statistics, medical recommendations, and free materials about ADHD.

CHADD (Children and Adults with Attention-Deficit/Hyperactivity Disorder)

www.chadd.org

www.chaddnorcal.org (Northern California chapter)

CHADD's website is a good place to begin when gathering information about Attention Deficit-Hyperactivity Disorder. Can link to a local CHADD chapter if interested in support groups and activities. Maintains a resource directory list for members.

National Resource Center (NRC) on ADHD: A Program of CHADD

www.help4adhd.org

The CDC-funded national clearinghouse for evidence-based information about ADHD. The NRC is a program of CHADD. Comprehensive information includes a glossary, "What We Know" info sheets, dealing with systems, diagnosis and treatment, and more.

GreatSchools

Learning Disabilities & ADHD Section

www.greatschools.org/articles/?topics=226&language=EN

GreatSchools is an independent nonprofit and a national source of school information for families. A section of their website contains a repository of articles about ADHD and Learning Disabilities. They also have adapted legacy resources from Schwab Learning.

Helpguide

www.helpguide.org/topics/adhd.htm

Started by two parents, Helpguide offers various articles regarding mental and physical wellness. This specific section describes both conventional and alternative management strategies for ADHD.

JAN (Job Accommodation Network)

www.askjan.org/media/adhd.html

JAN's Accommodation and Compliance Series is designed to help employers determine effective accommodations and comply with the Americans with Disabilities Act (ADA). Also helpful self-advocacy tool for employees with ADHD.

National Alliance on Mental Illness

www.nami.org/Template.cfm?Section=adhd

A grassroots mental health organization that advocates for access to services, treatment, supports and research. Includes website section on ADHD with podcasts and an online community.

National Attention Deficit Disorder Association

www.add.org

Provides information, resources and networking opportunities to adults with ADHD. Great resources for transition age youth with ADHD.

National Center for Learning Disabilities

“Co-Occurring Disorders: ADHD”

www.ncld.org/types-learning-disabilities/adhd-related-issues/adhd

ADHD and Learning Disabilities (LD) are not the same thing, but about one-third of people with LD have ADHD. Learn about the two often co-occurring disorders here.

National Institute of Mental Health

www.nimh.nih.gov/health/topics/attention-deficit-hyperactivity-disorder-adhd/index.shtml

The National Institute of Mental Health (NIMH) is part of the National Institutes of Health (NIH), a component of the U.S. Department of Health and Human Services. This page contains general information about ADHD as well as ongoing clinical trials

Osher Center for Integrative Medicine, University of California San Francisco

www.osher.ucsf.edu/patient-care/treatments-services/pediatrics-2/neurodevelopmental-pediatrics-autism-adhd-and-related-conditions/

Alternative and integrative medicine approaches to ADHD. This page includes the presentation “Do 2.5 Million Children Really Need Ritalin? An Integrative Approach to ADHD.”

TeensHealth

www.kidshealth.org/teen/school_jobs/school/adhd.html

General informational article, but written directly for the child or teen with ADHD.

U.S. Department of Education

“Identifying and Treating Attention Deficit Hyperactivity Disorder: A Resource for School and Home”

www2.ed.gov/rschstat/research/pubs/adhd/adhd-identifying.html

This is the companion publication to the *Teaching Strategies* guide reprinted in this packet.

U.S. Food and Drug Administration (FDA)

Consumer Updates

www.fda.gov/ForConsumers/ConsumerUpdates/ucm269188.htm

The FDA is a federal agency of the U.S. Department of Health and Human Services that regulates and supervises food safety, medications, supplements, etc. in order to protect and promote public health. Look here for updates about ADHD medications (in consultation with your doctor).

Special Education

Building the Legacy: IDEA 2004

idea.ed.gov

This site provides information on major topics covered by IDEA 2004. It has excellent video clips on Early Intervening Services/RTI, Individualized Education Program, Discipline, Highly Qualified Teachers, Procedural Safeguards, and other important topics.

Community Alliance for Special Education (CASE) and Disability Rights California “Special Education Rights and Responsibilities Handbook”

www.disabilityrightsca.org/pubs/PublicationsSERREnglish.htm

This handbook thoroughly and extensively covers topics on basic rights, evaluations/assessments, eligibility, pre-school education services, and more in a Q&A format. These materials are based on special education laws and court decisions in effect at the time of publication.

The Education Resources Information Center (ERIC) Digests

www.eric.ed.gov

ERIC Digests are secondary research articles that synthesize research in specific topics of education. These are not the primary research articles, but they give an overview of the types of research being currently conducted in academic settings.

Office for Civil Rights (OCR), U.S. Department of Education

“Frequently Asked Questions about Section 504 and the Education of Children with Disabilities”

www2.ed.gov/about/offices/list/ocr/504faq.html

Explains what a 504 plan is, procedural safeguards, terminology, and evaluation information. OCR serves student populations facing discrimination as well as the advocates and institutions promoting systemic solutions to civil rights problems.

U.S. Department of Education, Office of Special Education and Rehabilitative Services, Office of Special Education Programs

1-877-433-7827, edpubs.ed.gov

Website has U.S. Department of Education publications and other products. May also order paper copies. All publications are provided at no cost.

Wrightslaw Special Education Law and Education

www.wrightslaw.com

Parents, educators, advocates, and attorneys come to Wrightslaw for accurate, reliable information about special education law, education law, and advocacy for children with disabilities. Fantastic resource.

Parent to Parent

Center for Parent Information and Resources (CPIR)

www.parentcenterhub.org

Serves as a central resource of information and products to the community of Parent Training Information (PTI) Centers and the Community Parent Resource Centers (CPRCs). Find the parent center(s) in your state here.

San Francisco/California Region

California Foundation for Independent Living Centers

www.cfilc.org/find-ilc/

www.ilrcsf.org/ (San Francisco ILRC)

The mission of the California Foundation for Independent Living Centers is increasing access and equal opportunity for people with disabilities by building the capacity of Independent Living Centers. Go here to find the ILRC in your area.

Family Resource Center Network of California (FRCNCA)

www.frcnca.org

FRCNCA is a coalition of California's 47 Family Resource Centers. Early Start Family Resource Centers (ESFRC) provide parent to parent support, outreach, information and referral services to families of children with disabilities and the professionals who serve them.

Support for Families (SFCD)

1663 Mission St, 7th Floor, San Francisco, CA 94103

Tel: 415-920-5040

info@supportforfamilies.org

www.supportforfamilies.org

www.supportforfamilies.org/resource2/ (Bay Area Agency Directory, by Category)

www.supportforfamilies.org/internetguide/index.html (Even more online resources)

www.supportforfamilies.org/resources/assessments.html (Assessment Information for SF)

The family resource center and parent training information center for San Francisco County. Provides information, education, and support for families and professionals of children with disabilities, concerns, or special health care needs.

San Francisco Unified School District (SFUSD)

Early Childhood Special Education Services

1520 Oakdale Ave, San Francisco, CA 94124; Tel: 415-401-2525; Fax: 415-920-5075

Special Education Central Office

3045 Santiago St, San Francisco, CA 94116; Tel: 415-759-2222; Fax: 415-242-2528

www.sfusd.edu/en/programs-and-services/special-education/overview.html

SFUSD Community Advisory Committee for Special Education (CAC)

www.cacspedsf.org

The purpose of the Community Advisory Committee (CAC) for Special Education is to champion effective special education programs and services and advise the Board of Education on priorities in the Special Education Local Plan Area (SELPA). The State Education Code mandates that each SELPA have a CAC and that a majority of CAC members are parents. *If you are not in San Francisco, ask your local school for information about your local Community Advisory Committee for Special Education.*