



SUPPORT FOR FAMILIES OF CHILDREN WITH DISABILITIES

A support and resource organization providing services for families of children with disabilities

Autism Parent Support Group



DATE:

Fourth Monday of the Month

FACILITATOR:

Diana Blank, LCSW

TIME:

6:30-8:30 pm

During shelter-in-place, this group is being run online through Zoom.

At our meetings, the format alternates between speaker meetings, and open forums for discussing any parenting challenges we are dealing with. We will also look at how we attend to our own needs, our ASD child's needs and the needs of the whole family. We will conclude group with a mindfulness relaxation activity.

Spanish interpretation may be available, if requested in advance.

Our Autism Group facilitator and speaker is **Diana Blank, LCSW**. Diana lives the autism parenting journey every day with her 11-year-old son who has autism, and feels empowered by being a strong advocate for him. She has personal experience with navigating the school system and the insurance maze. Professionally, she has been in the field of social work since 1994, leading workshops for children with special needs and working in many other community-based agencies.

For more information and to register, please see our website at:

www.supportforfamilies.org

or email: supportgroups@supportforfamilies.org

or call: 415-920-5040