



## SUPPORT FOR FAMILIES OF CHILDREN WITH DISABILITIES

A support and resource organization providing services for families of children with disabilities

# Autism Parent Support Group



### DATE:

Fourth Monday of the Month

### FACILITATOR:

Diana Blank, LCSW

### TIME:

6:30-8:30 pm

At our meetings, the format alternates between speaker meetings, and open forums for discussing any parenting challenges we are dealing with. We will also look at how we attend to our own needs, our ASD child's needs and the needs of the whole family. We will conclude group with a mindfulness relaxation activity.

*Spanish interpretation may be available, if requested in advance.*

Our Autism Group facilitator and speaker is **Diana Blank, LCSW**. Diana lives the autism parenting journey every day with her 13-year-old son who has autism, and feels empowered by being a strong advocate for him. She has personal experience with navigating the school system and the insurance maze. Professionally, she has been in the field of social work since 1994, leading workshops for children with special needs and working in many other community-based agencies.

**For more information and to register, please see our website at:**

**[www.supportforfamilies.org](http://www.supportforfamilies.org)**

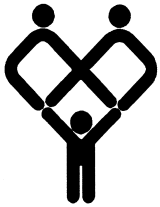
**or email: [supportgroups@supportforfamilies.org](mailto:supportgroups@supportforfamilies.org)**

**or call: 415-920-5040**

## ***Directions to Support for Families***

**Support for Families** is located at 1663 Mission Street (between 13th Street and So. Van Ness), 7th floor, in San Francisco. Street parking is available.

- BART:**
- 16th Street Mission (walk 3 blocks north to 13th)
- BUS/STREETCAR:**
- 14 Mission & 49 Van Ness



**SUPPORT FOR FAMILIES OF CHILDREN WITH DISABILITIES**  
1663 Mission St., Suite #700  
San Francisco, CA 94103

**First Class**

**Autism Parent  
Support Group**